

# Example calendar for memory care

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10AM Music, Movement & Hydration 11AM Devotions 1PM Poetry Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Hearthstone Matching Game	2 10AM Music, Movement & Hydration 11AM Devotions 1PM Hearthstone Book Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Sing-along	2 10AM Music, Movement & Hydration 11AM Devotions 1PM Walkers & Wheelers 2PM Prayer & Praise 3PM Refreshment Buffet 4PM Sing-along 6PM Humor Me	4 10AM Music, Movement & Hydration 11AM Devotions 1PM Culinary Club 2PM What are Elves? 3PM Refreshment Buffet 4PM Drum Circle	5 10AM Music, Movement & Hydration 11AM Devotions 1PM Discovery Club 2PM Gemstones 3PM Refreshment Buffet 4PM Salon Sessions 6PM Grove Theatre	6 10AM Music, Movement & Hydration 11AM Devotions 1PM Lingo-Bingo 2PM Entertainment Spotlight: Frank Sinatra 3PM Refreshment Buffet 4PM One-on-One Visits	7 10AM Music, Movement & Hydration 11AM Devotions 1PM Creations of Color Art Club 3PM Tavel Club: Jackson Hole, WY
8 10AM Music, Movement & Hydration 11AM Devotions 1PM Poetry Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Hearthstone Matching Game	9 10AM Music, Movement & Hydration 11AM Devotions 1PM Hearthstone Book Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Sing-along	10 10AM Music, Movement & Hydration 11AM Devotions 1PM Walkers & Wheelers 2PM Prayer & Praise 3PM Refreshment Buffet 4PM Sing-along 6PM Humor Me	11 10AM Music, Movement & Hydration 11AM Devotions 1PM Culinary Club 2PM Movie Time 3PM Refreshment Buffet 4PM Arts and Crafts	12 10AM Music, Movement & Hydration 11AM Devotions 1PM Discovery Club 2PM Beethoven History 3PM Refreshment Buffet 4PM Salon Sessions 6PM Grove Theatre	13 10AM Music, Movement & Hydration 11AM Devotions 1PM Lingo-Bingo 2PM Entertainment Spotlight: Bette Midler 3PM Refreshment Buffet 4PM One-on-One Visits	14 10AM Music, Movement & Hydration 11AM Devotions 1PM Creations of Color Art Club 3PM Travel Club: NY, NY
15 10AM Music, Movement & Hydration 11AM Devotions 1PM Poetry Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Hearthstone Matching Game	16 10AM Music, Movement & Hydration 11AM Devotions 1PM Hearthstone Book Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Sing-along	17 10AM Music, Movement & Hydration 11AM Devotions 1PM Walkers & Wheelers 2PM Prayer & Praise 3PM Refreshment Buffet 4PM Sing-along 6PM Humor Me	18 10AM Music, Movement & Hydration 11AM Devotions 1PM Culinary Club 2PM Walking Club 3PM Refreshment Buffet 4PM Cookie Baking	19 10AM Music, Movement & Hydration 11AM Devotions 1PM Discovery Club 2PM Cartoon and Funnies 3PM Refreshment Buffet 4PM Salon Sessions 6PM Grove Theatre	20 10AM Music, Movement & Hydration 11AM Devotions 1PM Lingo-Bingo 2PM Entertainment Spotlight: Beach Boys 3PM Refreshment Buffet 4PM One-on-One Visits	21 10AM Music, Movement & Hydration 11AM Devotions 1PM Creations of Color Art Club 3PM Travel Club: London, UK
22 10AM Music, Movement & Hydration 11AM Devotions 1PM Poetry Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Hearthstone Matching Game	23 10AM Music, Movement & Hydration 11AM Devotions 1PM Hearthstone Book Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Sing-along	24 10AM Music, Movement & Hydration 11AM Devotions 1PM Walkers & Wheelers 2PM Prayer & Praise 3PM Refreshment Buffet 4PM Sing-along 6PM Humor Me	25 10AM Music, Movement & Hydration 11AM Devotions 1PM Culinary Club 2PM Astronomy Info 3PM Refreshment Buffet 4PM Watercolor Class	26 10AM Music, Movement & Hydration 11AM Devotions 1PM Discovery Club 2PM Charlie Brown History 3PM Refreshment Buffet 4PM Salon Sessions 6PM Grove Theatre	27 10AM Music, Movement & Hydration 11AM Devotions 1PM Lingo-Bingo 2PM Entertainment Spotlight: Dick Clark 3PM Refreshment Buffet 4PM One-on-One Visits	28 10AM Music, Movement & Hydration 11AM Devotions 1PM Creations of Color Art Club 3PM Travel Club: Negril, Jamaica
29 10AM Music, Movement & Hydration 11AM Devotions 1PM Poetry Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Hearthstone Matching Game	30 10AM Music, Movement & Hydration 11AM Devotions 1PM Hearthstone Book Club 2PM One-on-One Visits 3PM Refreshment Buffet 4PM Sing-along	31 10AM Music, Movement & Hydration 11AM Devotions 1PM Walkers & Wheelers 2PM Prayer & Praise 3PM Refreshment Buffet 4PM Sing-along 6PM Humor Me				

